

Queen City DanceOut- December 2010

angie will be at all classes in purple	erica will be at all classes in blue	moody will be at all classes in green				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>QueenCityDanceOut.com Calendar & Schedule are subject to change. Please check website for most up to date info.</p> <p>*JamStrong class- Mat required</p>	<p>Location Key ARC- Adult Rec Center- Gastonia BC- Bradley Center-Gastonia BRC-Berewick Rec Center- Steele Creek CRC- Cramerton Rec Ctr- Cramerton CRCG- Cramerton Rec Ctr Gym- Cramerton CRRR- Crews Road Rec Ctr- Matthews DF- Dance Fever- University HGRC- Hickory Grove Rec Ctr- University JPF- J Paul Ford Rec Ctr- Belmont LFHC- Live Fit Health Club- Mt Holly NDRC- Naomi Drenan Rec Ctr Charlotte</p>	<p>NHBC- New Hope Baptist Church- Gastonia MES- Matthews Elementary School- Matthews MPPC- Myers Park Pres. Church- Charlotte RHC- Ruckus House- Concord RHH- Ruckus House Harrisburg- University TSRC- Tom Sykes Rec Center- Dilworth UF- Ultimate Fitness- Gastonia</p> <p>Address info & Directions online</p>	<p>1</p> <p>DanceOut at LiveFit Cancelled</p> <p>6:00 Zumba <i>Arleen</i>- CRC</p> <p>6:00 DanceOut Erica- BRC</p> <p>6:00 Zumba <i>Alicia</i>- HGRC</p> <p>7:00 Dance Impact <i>Chauna</i>- CRRC</p>	<p>2</p> <p>6:30 Urban Shimmy <i>Diana</i>- NDRC</p> <p>6:30 DanceOut Moody- CRC</p> <p>7:00 Zumba <i>Gina A</i>- MES</p> <p>7:40 DanceOut <i>Lisa</i> – ARC</p>	<p>3</p> <p>5:45 DanceOut Erica- TSRC</p> <p>5:45 Urban Shimmy <i>Arleen</i>- JPF</p>	<p>4</p> <p>9:30 am Dance Impact <i>Lisa</i> - BC</p> <p>10:30 am Zumba <i>Demetria</i>- RHH</p> <p>10:30 am Zumba <i>Gina A</i>- CRRC</p>
<p>5</p> <p>2:30 DanceOut <i>Stacie</i>- DF</p> <p>3:00 DanceOut Erica- CRCG</p>	<p>6</p> <p>6:00 DanceOut <i>Stacie</i>- BRC</p> <p>6:30 Zumba <i>Lisa</i> NHBC</p> <p>6:30 Zumba <i>Kyle</i>- RHC</p> <p>7:00 DanceOut <i>Alicia</i>- CRRC</p> <p>7:00-8:30 MegaMix Monday- Megan- TSRC</p>	<p>7</p> <p>5:15 Jamstrong* Angie- BC</p> <p>6:15 Zumba Gina A- MPPC</p> <p>6:30 Beg. Moves Moody- BC</p> <p>6:30 Zumba <i>Stacie</i> - UF</p> <p>6:00 Jamstrong* <i>Chauna</i>- CRRC</p> <p>6:30 DanceOut <i>Demetria</i>- RHH</p>	<p>8</p> <p>6:00 DanceOut <i>Stacie</i>- LFHC</p> <p>6:00 Zumba Arleen- CRC</p> <p>6:00 DanceOut Erica- BRC</p> <p>6:00 Zumba <i>Alicia</i>- HGRC</p> <p>7:00 Dance Impact <i>Chauna</i>- CRRC</p>	<p>9</p> <p>6:30 Urban Shimmy <i>Diana</i>- NDRC</p> <p>6:30 DanceOut Moody- CRC</p> <p>7:00 Zumba <i>Gina A</i>- MES</p> <p>7:40 DanceOut Lisa – ARC</p>	<p>10</p> <p>Jingle Bell Jam - DanceOut with Erica 5:45-6:45 @ TSRC</p>	<p>11</p> <p>9:30 am Dance Impact Lisa - BC</p> <p>10:30 am Zumba Demetria – RHH</p> <p>10:30 am JamStrong* <i>Chauna</i>- CRRC</p>
<p>12</p> <p>2:30 Dance Impact Megan- DF</p> <p>3:00 DanceOut Erica- CRCG</p>	<p>13</p> <p>6:00 DanceOut <i>Stacie</i>- BRC</p> <p>6:30 Zumba Moody- NHBC</p> <p>6:30 Zumba Kyle- RHC</p> <p>7:00 DanceOut <i>Alicia</i>- CRRC</p> <p>7:00-8:30 MegaMix Monday- Erica- TSRC</p>	<p>14</p> <p>5:15 Jamstrong* Angie- BC</p> <p>6:15 Zumba <i>Gina A</i>- MPPC</p> <p>6:30 Beg. Moves Angie- BC</p> <p>6:30 Zumba <i>Arleen</i> - UF</p> <p>6:00 Jamstrong* <i>Chauna</i>- CRRC</p> <p>6:30 DanceOut <i>Demetria</i>- RHH</p>	<p>15</p> <p>6:00 DanceOut <i>Stacie</i>- SM</p> <p>6:00 Zumba <i>Arleen</i>- CRC</p> <p>6:00 DanceOut Erica- BRC</p> <p>6:00 Zumba <i>Alicia</i>- HGRC</p> <p>7:00 Dance Impact <i>Megan</i>- CRRC</p>	<p>16</p> <p>6:30 Urban Shimmy <i>Diana</i>- NDRC</p> <p>6:30 DanceOut Erica- CRC</p> <p>7:00 Zumba <i>Gina A</i>- MES</p> <p>7:40 DanceOut <i>Lisa</i> – ARC</p>	<p>17</p> <p>Queen's Birthday Class - DanceOut with Erica 5:45-6:45 @ TSRC (Your gift is your presence!)</p>	<p>18</p> <p>9:30 am Dance Impact <i>Lisa</i> - BC</p> <p>10:30 am Zumba <i>Kyle</i>- RHH</p> <p>10:30 am Dance Impact <i>Megan</i>- CRRC</p>
<p>19</p> <p>2:30 Zumba <i>Kyle</i>- DF</p> <p>3:00 DanceOut Erica- CRCG</p>	<p>20</p> <p>6:00 DanceOut <i>Stacie</i>- BRC</p> <p>6:30 Zumba Lisa- NHBC</p> <p>6:30 Zumba <i>Kyle</i>- RHC</p> <p>7:00 DanceOut <i>Alicia</i>- CRRC</p> <p>7:00-8:30 MegaMix Monday- Angie- TSRC</p>	<p>21</p> <p>5:15 Jamstrong* Angie- BC</p> <p>6:15 Zumba <i>Gina A</i>- MPPC</p> <p>6:30 Beg. Moves Moody- BC</p> <p>6:30 Zumba <i>Arleen</i> - UF</p> <p>6:00 Jamstrong* <i>Chauna</i>- CRRC</p> <p>6:30 DanceOut <i>Demetria</i>- RHH</p>	<p>22</p> <p>6:00 DanceOut <i>Stacie</i>- SM</p> <p>6:00 Zumba <i>Arleen</i>- CRC</p> <p>6:00 DanceOut Erica- BRC</p> <p>6:00 Zumba <i>Alicia</i>- HGRC</p> <p>7:00 Dance Impact <i>Chauna</i>- CRRC</p>	<p>23</p> <p>6:30 Urban Shimmy <i>Diana</i>- NDRC</p> <p>6:30 DanceOut Moody- CRC</p> <p>7:40 DanceOut Lisa – ARC</p> <p>NO Zumba with Gina A tonight- MES is closed.</p>	<p>24</p> <p>No Classes</p> <p>Merry Christmas!</p>	<p>25</p> <p>No Classes</p> <p>Merry Christmas!</p>
<p>26</p> <p>No Classes</p> <p>Merry Christmas!</p>	<p>27</p> <p>6:30 Zumba Moody- NHBC</p> <p>7:00 DanceOut <i>Alicia</i>- CRRC</p> <p>NO Zumba with Kyle tonight- RHC is closed.</p> <p>NO Megamix Class tonight- TSRC is closed</p> <p>NO DanceOut with <i>Stacie</i>- BRC is closed</p>	<p>28</p> <p>5:15 Jamstrong* Angie- BC</p> <p>6:30 Beg. Moves Moody- BC</p> <p>6:30 Zumba Arleen - UF</p> <p>6:00 Jamstrong* <i>Chauna</i>- CRRC</p> <p>NO DanceOut with <i>Demetria</i> tonight- RHH is closed.</p> <p>NO Zumba with Gina A tonight- MPPC is closed.</p>	<p>29</p> <p>6:00 DanceOut <i>Stacie</i>- SM</p> <p>6:00 Zumba <i>Arleen</i>- CRC</p> <p>6:00 DanceOut Angie- BRC</p> <p>6:00 Zumba <i>Alicia</i>- HGRC</p> <p>7:00 Dance Impact <i>Chauna</i>- CRRC</p>	<p>30</p> <p>New Year' Tease at Metropolitan Ballroom- Zumba with Gina & Jamstrong with Chauna</p> <p>6:30 DanceOut <i>Stacie</i>- CRC</p> <p>7:40 DanceOut <i>Lisa</i> – ARC</p> <p>NO Urban Shimmy with Diana</p>	<p>31</p> <p>No Classes</p> <p>Happy New Year!</p>	<p>Jan 1.</p> <p>No Classes</p> <p>Happy New Year!</p>

Queen City DanceOut- January 2011

angie will be at all classes in purple	erica will be at all classes in blue	moody will be at all classes in green				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 2:30 DanceOut <i>Stacie</i> - DF 3:00 DanceOut Erica-CRCG	3 6:00 Beginning Moves <i>Stacie</i> - BRC 6:30 Zumba <i>Lisa</i> NHBC 6:30 Zumba <i>Kyle</i> - RHC 7:00 DanceOut <i>Alicia</i> - CRRC 7:00-8:30 MegaMix Monday-Erica- TSRC	4 5:15 Jamstrong* Angie- BC 6:15 Zumba <i>Gina A</i> - MPPC 6:30 Beg. Moves Moody- BC 6:30 Zumba <i>Stacie</i> - UF 6:00 Jamstrong* <i>Chauna</i> - CRRC 6:30 DanceOut <i>Demetria</i> - RHH	5 6:00 DanceOut <i>Stacie</i> - SM 6:00 Zumba <i>Arleen</i> - CRC 6:00 DanceOut Erica- BRC 6:00 Zumba <i>Diana</i> - HGRC 7:00 Dance Impact <i>Chauna</i> - CRRC	6 6:00 Zumba <i>Gina A</i> - MB 6:30 Urban Shimmy <i>Diana</i> - NDRC 6:30 DanceOut Moody- CRC 7:40 DanceOut <i>Lisa</i> – ARC	7 5:45 DanceOut Erica- TSRC 5:45 Urban Shimmy <i>Arleen</i> - JPF	8 9:30 am Dance Impact <i>Lisa</i> – BC 10:00 am JamStrong* <i>Chauna</i> - MB 10:30 am Zumba <i>Demetria</i> - RHH 10:30 am Zumba <i>Gina A</i> - CRRC
9 2:30 Dance Impact <i>Megan</i> - DF 3:00 DanceOut Erica-CRCG	10 6:00 Beginning Moves <i>Stacie</i> - BRC 6:30 Zumba Moody- NHBC 6:30 Zumba <i>Kyle</i> - RHC 7:00 DanceOut <i>Chauna</i> - CRRC 7:00-8:30 MegaMix Monday-Megan- TSRC	11 5:15 Jamstrong* Angie- BC 6:15 Zumba <i>Gina A</i> - MPPC 6:30 Beg. Moves Moody- BC 6:30 Zumba <i>Stacie</i> - UF 6:00 Jamstrong* <i>Chauna</i> - CRRC 6:30 DanceOut <i>Demetria</i> - RHH	12 6:00 DanceOut <i>Stacie</i> - SM 6:00 Zumba <i>Arleen</i> - CRC 6:00 DanceOut Erica- BRC 6:00 Zumba <i>Diana</i> - HGRC 7:00 Dance Impact <i>Chauna</i> - CRRC	13 6:00 Zumba <i>Gina A</i> - MB 6:30 Urban Shimmy <i>Diana</i> - NDRC 6:30 DanceOut Moody- CRC 7:40 DanceOut <i>Lisa</i> – ARC	14 5:45 DanceOut Erica- TSRC	15 Instructor Audition Clinic 9 am-12 pm \$35 9:30 am Dance Impact <i>Lisa</i> – BC 10:00 am JamStrong* <i>Chauna</i> - MB 10:30 am Zumba <i>Demetria</i> - RHH NO CLASS AT CRRC TODAY
16 2:30 Zumba <i>Kyle</i> - DF 3:00 DanceOut Erica-CRCG	17 6:00 DanceOut <i>Stacie</i> - BRC 6:30 Zumba <i>Lisa</i> - NHBC 6:30 Zumba <i>Kyle</i> - RHC 7:00 DanceOut <i>Alicia</i> - CRRC 7:00-8:30 MegaMix Monday-Erica- TSRC	18 5:15 Jamstrong* Angie- BC 6:15 Zumba <i>Gina A</i> - MPPC 6:30 Beg. Moves Moody- BC 6:30 Zumba <i>Arleen</i> - UF 6:00 Jamstrong* <i>Chauna</i> - CRRC 6:30 DanceOut <i>Demetria</i> - RHH	19 6:00 DanceOut <i>Stacie</i> - SM 6:00 Zumba <i>Arleen</i> - CRC 6:00 DanceOut Erica- BRC 6:00 Zumba <i>Alicia</i> - HGRC 7:00 Dance Impact <i>Chauna</i> - CRRC	20 6:00 Zumba <i>Gina A</i> - MB 6:30 Urban Shimmy <i>Diana</i> - NDRC 6:30 DanceOut Moody- CRC 7:40 DanceOut <i>Lisa</i> – ARC	21 5:45 DanceOut Erica- TSRC	22 9:30 am Dance Impact <i>Lisa</i> – BC 10:00 am JamStrong* <i>Chauna</i> - MB 10:30 am Zumba <i>Demetria</i> - RHH 10:30 am Zumba <i>Gina A</i> - CRRC
23 2:30 Urban Shimmy <i>Diana</i> - DF 3:00 DanceOut Erica-CRCG	24 6:00 DanceOut <i>Stacie</i> - BRC 6:30 Zumba Moody- NHBC 6:30 Zumba <i>Kyle</i> - RHC 7:00 DanceOut <i>Alicia</i> - CRRC 7:00-8:30 MegaMix Monday-Megan- TSRC	25 5:15 Jamstrong* Angie- BC 6:15 Zumba <i>Gina A</i> - MPPC 6:30 Beg. Moves Moody- BC 6:30 Zumba <i>Arleen</i> - UF 6:00 Jamstrong* <i>Chauna</i> - CRRC 6:30 DanceOut <i>Demetria</i> - RHH	26 6:00 DanceOut <i>Stacie</i> - SM 6:00 Zumba <i>Arleen</i> - CRC 6:00 DanceOut Erica- BRC 6:00 Zumba <i>Alicia</i> - HGRC 7:00 Dance Impact <i>Chauna</i> - CRRC	27 6:00 Zumba <i>Gina A</i> - MB 6:30 Urban Shimmy <i>Diana</i> - NDRC 6:30 DanceOut Moody- CRC 7:40 DanceOut <i>Lisa</i> – ARC	28 5:45 DanceOut Erica- TSRC	29 9:30 am Dance Impact <i>Lisa</i> – BC 10:00 am JamStrong* <i>Chauna</i> - MB 10:30 am Zumba <i>Demetria</i> - RHH 10:30 am Zumba <i>Alicia</i> CRRC
30 2:30 DanceOut <i>Stacie</i> - DF 3:00 DanceOut Erica-CRCG	31 6:00 DanceOut <i>Stacie</i> - BRC 6:30 Zumba <i>Lisa</i> - NHBC 6:30 Zumba Kyle- RHC 7:00 DanceOut <i>Alicia</i> - CRRC 7:00-8:30 MegaMix Monday-Erica- TSRC	QueenCityDanceOut.com Calendar & Schedule are subject to change. Please check website for most up to date info. *JamStrong class- Mat required		Location Key ARC- Adult Rec Center- Gastonia BC- Bradley Center-Gastonia BRC-Berewick Rec Center- Steele Creek CRC- Cramerton Rec Ctr- Cramerton CRCG- Cramerton Rec Ctr Gym- Cramerton CRRC- Crews Road Rec Ctr- Matthews DF- Dance Fever- University HGRC- Hickory Grove Rec Ctr- University NDRC- Naomi Drenan Rec Ctr Charlotte NHBC- New Hope Baptist Church- Gastonia		MB- Metropolitan Ballroom- Myers Park MPPC- Myers Park Pres. – Myers Park RHC- Ruckus House- Concord RHH- Ruckus House Harrisburg- University SM- Sports Mill- Mt. Holly TSRC- Tom Sykes Rec Center- Dilworth UF- Ultimate Fitness- Gastonia Address info & Directions online