



DanceOut! is a dance-inspired fitness class that feels like more like a party than a workout. Jam to HOT tunes from many different musical genres, including Hip Hop, Latin, Pop, Swing, Oldies, Reggae and More! The moves are simple and repetitive so everyone can do them, plus you will move your entire body and have a blast! If you don't like to workout, but do like to dance, then this class is for YOU!  
Don't workout, DanceOut!

Join us for a **FREE DanceOut! Class**  
with **Queen City Dancing Queen Instructor**  
**Gina Moody**

**When:** Thursday, January 8, 2009 at 6:30-7:30 PM  
Class will continue on a weekly basis at the same day/time.

**Where:** Dance Specialties, 415 E Catawba St, Belmont, NC  
(Please park behind building)

**Who:** YOU and all your friends- Class is open to the public

All levels of fitness and dance are welcome. Come early if you are new to Queen City Dancing Queen classes. Wear comfortable clothes and shoes, and bring water.

**Cost of classes:**

**5 class card \$35**

**10 class card \$60**

**20 class card \$100**

***Purchase your class card online before January 3 and receive an additional class FREE. Class cards will be also available for purchase January 8. For more information about this and other Queen City Dancing Queen classes, and to purchase your class card, go to:***

**[www.QueenCityDancingQueen.com](http://www.QueenCityDancingQueen.com)**

**or call Angie at 704-526-8845 for more information**